

October 2009

Women's Ocean Racing Sailing Association

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!@#\$%^&*() By Captain Holly Scott

A turnbuckle buckled, a snap shackle snapped, a cam cleat has clammed up, the traveler has stopped travelling, the pintle and gudgeons are no longer working together - and you are going to weather in the biggest race of the year, or 100 miles from shore on the way to Cabo? Now what?

Join us **Wednesday, October 14th, at 7 p.m.** for an entertaining evening with Holly Scott as she discusses **SMALL** temporary fixes for **BIG** problems and emergency fixes for the inevitable - the only spare part you do not have is the one that breaks! If you haven't had the pleasure of hearing Captain

Scott speak in the past, you are in for a treat. She is absolutely hilarious and when it comes to all things nautical, she knows what she's talking about.

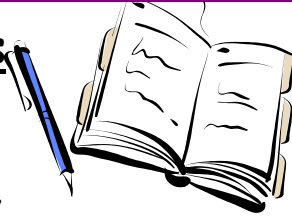


The meeting is at the Dana Point Youth Facility, 34451 Ensenada Place, Dana Point Harbor, upstairs. There is an elevator available and plenty of free parking nearby.

We're on the
WEB!

www.worsa.org

Upcoming Events



Monthly meetings are the **second Wednesday** of the month at **7 pm**, alternating between Newport and Dana Point Harbors.

October 14—Wednesday WORSA GENERAL MEETING—7 p.m. at the Dana Point Youth Facility in the Dana Point Harbor, Captain Holly Scott - will talk about what to do when things go wrong.

October 17, Saturday, Sail for the Visually Impaired. WORSA and the American Legion Yacht Club Family, (215 15th Street, Newport Beach), need volunteers to assist the Sail for the Visually Impaired. Please check the WORSA web site for further information and volunteer forms, www.worsa.org, or email Annette Cook, CaptainCookRN@cs.com.

Knotical Terms:



The end of the rope being used for knotting is the working end or bitter-end. A bight is any slack section in the middle part of the rope. The standing part is the main part of the rope, or that section of the rope about which the end is turned to form a knot, hitch, etc.

2010 BOARD OFFICERS AND DIRECTORS

WORSA elections for 2010 will be held this month with the installation of the new officers being sworn in on November at the General Meeting. The in-coming board transitions through the month of December with the new leadership "taking the helm" in January of 2010.

The Board Offices include: Commodore (President), Vice Commodore (Vice President), Treasurer, Secretary and Membership. There are also two Director positions. Please refer to your WORSA Roster which includes the bylaws and a description of all positions.

AND THE CANDIDATES ARE:

Commodore: Barbara Sanford

Vice Commodore: Vicki Sweet

Secretary: Judy-Rae Karlsen

Treasurer: Nina Manning

Director: Midge Patrick, Cindy Stoeckel, Monique Vigeant, (vote for two)

Membership Chair: Kathleen Matlock

Nina will manage the elections, producing a ballot which will be mailed under separate cover. Write-ins will be accepted. Please return your ballot by October 14th.

Each of the candidates introduce themselves at the October meeting,

If you do not receive your ballot, please contact Nina, a185man@pacbell.net.



20th Annual Sail for the Visually Impaired

Sponsored by: **WORSA**

Hosted by: **American Legion Post 291 Family**

Saturday - October 17, 2008

10:00 AM - 5:00 PM

Event includes brunch and afternoon sail

Boat owners/skippers and shore side volunteers are needed to participate in this worthwhile event taking visually-impaired participants for an enjoyable afternoon sail. After the sail, be sure to join us for a social hour and refreshments on the American Legion patio. Your help makes it possible for visually impaired individuals to participate in an exciting and wonderful experience of an afternoon on the waters of Newport Harbor. It is truly a highlight of the year for both the participants as well as those of us who make it possible!

You will find volunteer forms, past event photos, brochures, and sponsors on our website at www.worsa.org.

Over 200 volunteers are needed as escorts, servers, crew, guide-dog sitters and more. According to Captain Annette Cook, WORSA Commodore, "The Sail for the Visually Impaired has become such a community effort that many boats owners ask months ahead of



time when the event is planned and who to contact to volunteer their boat," adding, "We always need more donations and volunteers, however."

WORSA is a 501(c)(3) corporation and donations may be tax deductible. **If you can help in any way, please contact Annette Cook at CaptainCookRN@cs.com.**

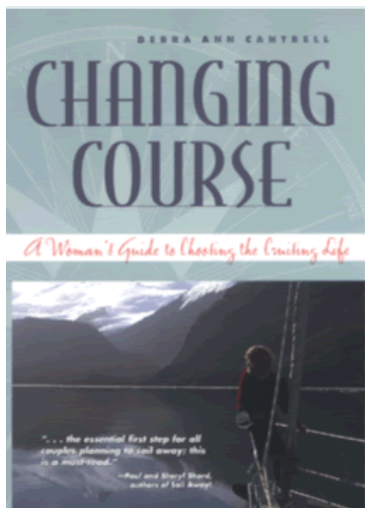
Book Review

When her husband proposed living on a boat full-time, Debra Cantrell wondered what other women in her position had done and began a five-year study to find out what choices they had made and how it had all worked out. The result is **Changing Course**, a guidebook for navigating this odyssey. No matter what the outcome, each woman was strengthened by the experience.

In an era when "downshifting" is common and people are considering the benefits of simplified living, *Changing Course* is both timely and practical.

"*Changing Course* is aimed at the process of making this major decision about your life. Cantrell's professional skills as a counselor and educator are well exercised in this volume. She offers reasonable answers about challenges and risk-taking. Many readers will find a safety net inherent in her approach to cruising..." - 48[degrees] North

"Ask any couple living aboard an average-size cruising boat: men troubleshoot; women problem-solve. Men need to know what; women need to know why. Men prefer to learn by doing, figuring out things as they go along; women swinging into action."
- Sailing



Maritime Terminology

Fly by night:

A "fly by night" was an extra sail, often like a square jib. These temporary sails were used in the 18th and 19th centuries. The term came to be used first to mean a secret departure for parts unknown. It then was applied to persons of dubious character who are irresponsible or unreliable. Experts believe that the nautical connection is that these sails were used to keep the ship moving in light air or in time of danger.



Lee:

Comes from the Anglo Saxon "hleō" and Old English "helo" which means warmth or shelter. From this sprang several "lee" terms: lee board (boards hung on the side of the ship to prevent it from making too much leeway), lee tide (tide running in the same direction as the wind is blowing) and lee shore (the shore that lies downwind from a vessel - a dangerous situation).

SVI OPPORTUNITY DRAWING — 1st PRIZE A CRUISE ABOARD DULCINEA—A 45' HUNTER YACHT

Captain Don Moseley and WORSA proudly present an opportunity drawing for the 20th Annual Sail for the Visually Impaired. This event is sponsored by WORSA and hosted by the American Legion Post 291 Family.

Your party of up to six people will enjoy a weekday afternoon (3 hour cruise) aboard *Dulcinea*, a USCG inspected and legally operated Hunter 45 UPV sailing vessel. Package value is \$630! The winner will enjoy a sail in Newport Harbor and the surrounding waters.

Tickets are \$10 each. The drawing will be held on Saturday, October 17, 2009, during the event. The winner **need not** be present to win and there are many other secondary prizes. Winners must be at least 18 years of age.

Go to www.worsa.org and click on the SVI for further information and details.



Opportunity Drawing Ticket Request Form

Make check payable to **WORSA** and mail to WORSA PO Box 2403, Newport Beach, CA, 92663

Entries **must** be received by October 15th!

Don't delay! The winner need not be present to win.

Name: _____

Address: _____

Phone (with area code): _____

Email: _____

Number of tickets: _____

X \$10 per ticket = _____

Total Enclosed: \$ _____

Current Date: _____

2009 WORSА OFFICERS

COMMODORE: Captain Annette Cook

VICE COMMODORE: Vicki Sweet

TREASURER: Nina Manning

SECRETARY: Cindy Stoeckel

MEMBERSHIP DIRECTOR: Barbara Sanford

DIRECTOR: Midge Patrick

DIRECTOR: Monique Vigeant

YACHT CLUB REPRESENTATIVES

American Legion Yacht Club
Barbara Sanford

Bahia Corinthian Yacht Club
Kathy Ohmer

Balboa Yacht Club
TBA

Dana Point Yacht Club
TBA

Dana West Yacht Club
Bernie Lewy

LB/LA WSA
Marie Claire Amokrane Fiala

Lido Isle Yacht Club
Donna Schockley

South Shore Yacht Club
Bev Day

UC Irvine Sailing Association
Jane Hartley



WOMEN'S OCEAN RACING SAILING ASSOCIATION
PO BOX 2403 Newport Beach, CA 92663

Our Mission . . .

To encourage women in the participation of the sport of sailing

To promote safety

To provide educational opportunities

To support community service sailing programs

To enhance networking opportunities.

Membership is open to men and women!

FIRST CLASS MAIL

