



The Whistle

Women's Ocean Racing Sailing Association

March 2010

COMMODORE'S CORNER

BARBARA SANFORD

Featured in this issue:

COMMODORE'S CORNER

Tuesday, March 9 GENERAL MEETING

Guest Speakers

Cindy Wynne

Myrna Welsh

"OFFSHORE RACING"

- Preparing your boat for offshore racing
- How to pick a "dream team" race crew

NEW MEMBER CORNER

A SPECIAL THANK YOU

SHARE IPHONE APPS

BE A YACHT CLUB REP!

MEMBERSHIP RENEWAL

Our speaker at the February general meeting, Jerry Shacklett, US Coast Guard Auxiliary, Flotilla Commander, Flotilla 61, Newport Beach presented a detailed overview of the U.S. Coast Guard Auxiliary (USCGAUX) and highlighted the organization's current activities abroad and in our local harbors.

As the 2010 boating season begins, I would like to encourage all of our WORSAs boat owners to take advantage of the Vessel Safety Check offered by the USCGAUX.

You can access the check list online and do it yourself, or you can schedule an onboard examination (free) conducted by a trained safety specialist.

The onboard safety check is a completely voluntary inspection designed to assist you (the boat owner) with a comprehensive review of your safety equipment and all of the necessary vessel registration documentation. No citations are given and there is no obligation to purchase additional equipment. Once you pass the inspection you will be given a Vessel Safety Check decal to proudly display.

Our WORSAs Mission Statement reminds us of our common purpose...

To encourage women in the participation of the sport of sailing

To promote safety

To provide educational opportunities

To support community service sailing programs

To enhance networking opportunities



The US Coast Guard Auxiliary Vessel Safety Check is focused on promoting vessel safety, safe boating practices, and supports our mission.

Whether you cruise or race your sailboat this year, it is my hope that you will enjoy your time on the water, make lasting memories with your family and friends, and practice safe boating principles at all times.

I am looking forward to our upcoming March 9 General meeting. We have a panel of seasoned racers to address "Offshore Racing" preparations for the Ensenada Race & the Boarder Run. I encourage you to participate in the discussion and share your racing experiences on either of these events. *See you at the meeting!*

We are on the internet!

[WWW.WORSA.ORG](http://www.WORSA.ORG)

New Membership Corner

Welcome our newest member **Andrea Gates**. She prefers cruising, has 5-10 years of sailing experience, and owns "Madeline" a JJ Taylor Contessa 26.

New and renewing members may join at the March meeting by completing a membership application and paying annual dues in the amount of \$50. Click on www.WORSA.org for access to forms & more information.

SAVE THE DATES!

Monthly meetings are held on the second Tuesday of the month at 7 pm, alternating between Newport Harbor and Dana Point Harbor.

General Meeting: Tuesday, March 9

Location: Aventura Sailing Club*
24707 Dana Drive
Dana Point, CA 92629-3004
(949) 493-9493

*Entrance into the gated parking lot is by access code. Dial #8866 to enter.

Guest Speakers

Cindy Wynne
Myrna Welsh

Topic:

“OFFSHORE RACING TIPS”

- Picking your crew
- Preparing for offshore racing

Upcoming Monthly Meetings

- Apr 13 - American Legion YC, Newport Harbor
- May 11 - Aventura Sailing Club, Dana Point:
- Jun 08 - American Legion YC, Newport Harbor
- July 13 - Aventura Sailing Club, Dana Point:
- Aug 10 - American Legion YC, Newport Harbor:
- Sept 14 - Aventura Sailing Club: Dana Point:
- Oct 12 - American Legion YC: Newport Harbor
- Nov 09 - Aventura Sailing Club: Dana Point
- Dec 14 - Long Beach Yacht Club

► WOMEN’S SAILING CONVENTION REPORT ◀

OUR SPECIAL THANK YOU!

The annual Women’s Sailing Convention took place on a stormy Saturday at the Bahia Corinthian Yacht Club in Newport Beach. The report from attendees was, “Regardless of the weather, we had a great time on the water, at the dock, and in the yacht club; **and** Gail Hine did another excellent job organizing this incredible annual event!”

This annual event would not be possible without a dedicated group of volunteers ... so, here is a list of WORSAs members that we want to acknowledge.

Event Organizer
Gale Hine

Planning Committee
Kathie Ohmer
Nina Manning
Cindy Stoeckel

Barbara Sanford
Vicki Sweet
Mary Bacon

Workshop Leaders

Myrna Welsh: "Welcome Aboard" & "Knot Know How"
Sandy Mills: "Introduction to Racing" & "Racing Tactics 101"
Vicki Sweet: "Beyond Band-Aids" & "Managing Mal de Mer"

Coach/Instructor (on the water)

Mary Bacon
Susie Campbell
Annette Cook

Ladies, thank you for contributing to another successful event. Your time and talents are greatly appreciated!

(This may not be a complete list. Please notify the editor if an omission has occurred.)

MARINERS LOG

The Qualities of Command



- Knowledge •Experience
- Balance • Understanding
- Decisiveness....**and most of all,**
- Coolness, so when all about are losing their heads, the Captain must keep his/hers!

“A Mariner’s Miscellany” by Peter H. Spectre



“Preparing for Offshore Racing” Tuesday, March 9 - General Meeting @ 7 pm



Myrna Welsh & Cindy Wynne will lead a panel discussion that covers the detailed requirements for offshore racing. They will discuss boat preparation, race documentation, navigation, weather forecasting, and how to pick your “dream team” crew for offshore sailing. The lively panel discussion will consist of several seasoned offshore racers and you are encouraged to attend and share your experiences in the interactive meeting discussion!

There are two offshore regattas that WORSA members will be entering in April...The Newport to Ensenada Race (International Regatta) and the Border Run (Newport to San Diego). Both of these offshore regattas provide competitive race courses and difficult offshore conditions. Come hear the stories of our racing members and add your experiences during this enjoyable evening discussion.

The current WORSA membership roster. Is your name on the list?

Mary	Bacon	Newport Beach	CA
Ray	Bell	Dana Point	CA
Rich	Bennett	Mission Viejo	CA
John	Berol	La Jolla	CA
Susan	Campbell	Laguna Beach	CA
Stan & Toni	Flores	Laguna Beach	CA
Andrea	Gates	San Clemente	CA
Rebecca	Guess	Irvine	CA
Carolyn	Hardy	Newport Beach	CA
Jane	Hartley	Lake Forest	CA
Gail E	Hine	Murrieta	CA
Robert	Jones	Laguna Beach	CA
Judy-Rae	Karlsen	Long Beach	CA
Merry	Keller	Fullerton	CA
Thomas	Klein	Lake Forest	CA
Judy	Kraemer	Cypress	CA
Mary	Longpre	Newport Beach	CA
Nina	Manning	Orange	CA
Kathleen	Matlock	Capistrano Beach	CA
Sandy	Mills	Irvine	CA
Capt. Don	Moseley	Santa Fe	NM
Richard	Navarro	Diamond Bar	CA
Midge	Patrick	Dana Point	CA
Barbara	Sanford	Romoland	CA
Cindy	Stoeckel	Laguna Hills	CA
Mary	Swann	La Verne	CA
Vicki	Sweet	Capistrano Beach	CA
Phil	Takkunen	San Clemente	CA
Shirley	Van Buskirk	Newport Beach	CA
Monique	Vigeant	Laguna Niguel	CA
Cindy	Wynne	Laguna Niguel	CA

The 2010 Directory is being assembled, so please renew before March 15 and your contact information will be included in the 2010 Directory. Renew via mail or at the March 9 General meeting.

**Membership forms are available on the website:
www.WORSA.org**

The 2010 Directory will be printed and mailed in April.

Share Nautical “Apps” for your iPhone

The resources that are currently available to iPhone users are amazing. While gaining popularity among sailors and non sailors alike, the iPhone is not considered mandatory sailing gear... at least not yet. Almost all iPhonephiles (WORSAs members addicted to iPhone technology) have visited the iPod App Store, and enjoy sharing what they have found to be unique, unusual, and sometimes useful to have at their iPod fingertips.



Some of us will probably never own or use an iPhone, however, for those who are interested “The Whistle” will begin listing “nautical apps” that are related and/or relevant to the sport of sailing.



KC Matlock writes, “I would love to hear what others are using on their iPhones. The following “apps” enable me to check on weather and tides while I’m out on the water without a computer”.

▪ NOAA NWS ▪ TideGraph ▪ Boat Weather

If you have an “app” to share, contact KC

Email: kathleen@matlockconsulting.com



Can You Tie These Knots?



Clove Hitch



**Reef
(Square) Knot**



**One
Handed
Bowline**

Learn by clicking on these fun websites:

The Knotpro - <http://www.knotpro.com>

Grog’s Animated Knots - <http://www.animatedknots.com>



Join Our Team... Be a Yacht Club Representative!

Some volunteer positions require a lot of time, but a WORSAs Yacht Club Representative volunteers only 10-15 minutes a month. If you are currently a member of a yacht club or local sailing association then you can volunteer for this networking position.

The position requires the following time and energy:

- * Promote your yacht club, post events and membership benefits in "The Whistle".
- * Provide your yacht club Social Chair and/or Race Chair with current WORSAs event information.
- * Link WORSAs members *interested in joining your yacht club* with the right contact person.
- * Once a year, provide a list of Officers and review/update contact information

Networking is vital to the life of our organization. Our WORSAs network will continue to grow as ***we support yacht clubs and local sailing organizations*** that generously support and encourage our various educational programs and sailing events.



Interested in representing your yacht club at WORSAs events? Let us know!

Contact WORSAs Commodore Barbara Sanford at worsamail@gmail.com

GOT PHOTOS? POST YOUR 2010 SAILING PHOTOS ON THE WORSAs WEBSITE!

SATURDAY & SUNDAY, FEBRUARY 20-21

MIDWINTERS - 87TH ANNUAL REGATTAS



Newport to Ensenada
Yacht Race



FRIDAY - SUNDAY, APRIL 23-25

NEWPORT TO ENSENADA YACHT RACE

SATURDAY & SUNDAY, APRIL 24-25

THE BORDER RUN [NEWPORT - SAN DIEGO]



SATURDAY & SUNDAY, MAY 1-3

YACHTING CUP AND LEUKEMIA CUP - SAN DIEGO



SATURDAY, MAY 1

WOMEN 4 WOMEN - ALL FEMALE CREW REGATTA



2010 WORSА OFFICERS

COMMODORE: Barbara Sanford

VICE COMMODORE: Vicki Sweet

TREASURER: Nina Manning

SECRETARY: Judy-Rae Karlsen

MEMBERSHIP DIRECTOR: K.C. Matlock

DIRECTORS

- Cindy Stoeckel
- Monique Vigeant

FOR MORE INFORMATION:
Contact: Judy-Rae Karlsen [562] 355-8500
Email: WORSАMAIL@GMAIL.COM

YACHT CLUB REPRESENTATIVES

American Legion Yacht Club
Barbara Sanford

Bahia Corinthian Yacht Club
Kathie Ohmer

Balboa Yacht Club
TBD

Dana Point Yacht Club
TBD

Dana West Yacht Club
TBD

Long Beach Yacht Club
Judy-Rae Karlsen

Newport Harbor Yacht Club
TBD

Lido Isle Yacht Club
TBD

South Shore Yacht Club
TBD

UC Irvine Sailing Association
Jane Hartley



WOMEN'S OCEAN RACING SAILING ASSOCIATION
PO BOX 2403 Newport Beach, CA 92663

FIRST CLASS MAIL



Our Mission . . .

- To encourage women in the participation of the sport of sailing
- To promote safety
- To provide educational opportunities
- To support community service sailing programs
- To enhance networking opportunities

Our membership is open to men and women!

The Whistle... *WORSА's monthly newsletter*